**3 DAY VALENTINE LOVE ASSIGNMENT**

**My sweet love slave, you have put Me at the center of your life. Every day you think of your Domina, your Princess, and eagerly go to hear My soothing voice seduce you into trance where you give Me your submission and obedience. you feel the security of your ownership and slip so naturally into your life of servitude and enslavement.**

**And now with this Valentine Love Assignment, I want you to offer Me your most precious and valuable asset, your undying, selfless Love. So, see everything through the prism of love and submission, one reason I love Valentine’s Day so much. These fantasies, needs and emotions have brought you to Me and made you MINE.**

**This is a 3 day Valentine Love assignment to give you the experience of the “loving” aspect of O/our relationship. Focus on those fantasies, desires and emotions of Love for Me to bring you even closer.**

**ASSIGNMENT IS TO BE DONE SAFELY WITHIN THE LIMITS OF YOUR PERSONAL SITUATION AND TIME COMMITMENTS.**

**INSTRUCTIONS TO FOLLOW FOR EACH DAY**

**1. you will recite this Mantra to Me AT LEAST TWICE EACH DAY.**

**i am your devoted slave dedicated to love and serve You.**

**You are the center and heartbeat of my life.**

**my mind, will, body and love belong only to You.**

**i love my Domina and life of submission and obedience.**

**i live to please and make You happy.**

**You love and care for me and fill my life with joy.**

**i offer my whole self to live in enslavement and servitude.**

**Keep me YOURS, forever.**

**2. Write “♥ Domina” somewhere on your body. Keep it there for this assignment.**

**3. Eating instructions are to follow personal dietary needs. But eat 3 meals a day. No eating between meals, no junk food or sugary drinks.**

**4. you will pay a Chastity Penalty for disobeying and having an orgasm when not given permission on Valentine’s Day.**

**5. Wear your collar (if possible) when listening to My voice or touch yourself. you are My property, always at My disposal.**

**6. Send Me your lunch money for My weekend shifts.**

**7. If you do not already have a required file, you can find it in My Special Deals.**

**8. Keep a journal or notes summarizing your thoughts at the end of each day (Past, Present, Future) which you will be sending to Me at the end of the assignment.**

**9. When you release you have permission to send a Gift of Love as My Valentine present.**

**Day 1**

**Theme and task: Spend the day thinking about the Past, when W/we first met, when you found yourself falling for Me. And what hooked you on Me? Look at O/our first communications and what you think was happening.**

**TODAY’S INSTRUCTION**

**The only limitation for pleasuring yourself is that you may not have an orgasm.**

**THOUGHT FOR TODAY**

**You are the Object of my Desire and Love. Everything i do, i do to please You and make You happy.**

**After Mantra and Breakfast Listen to Dopamine**

**you will do 15 minutes of exercising.**

**In the evening you will Listen to  Love Potion**

**When you go to bed Listen to these loops.**

[**http://www.mediafire.com/file/njx0t16c4g0g22m/Covert\_Conditioning\_Loop\_-\_1\_-\_Complete.mp3/file**](http://www.mediafire.com/file/njx0t16c4g0g22m/Covert_Conditioning_Loop_-_1_-_Complete.mp3/file)

[**http://www.mediafire.com/file/4t2hwpbwnqc88tm/Covert\_Conditioning\_Loop\_-\_2\_-\_Complete.mp3/file**](http://www.mediafire.com/file/4t2hwpbwnqc88tm/Covert_Conditioning_Loop_-_2_-_Complete.mp3/file)

[**http://www.mediafire.com/file/cg23utm0nc5ugyl/Covert\_Conditioning\_Loop\_-3\_-\_Complete.mp3/file**](http://www.mediafire.com/file/cg23utm0nc5ugyl/Covert_Conditioning_Loop_-3_-_Complete.mp3/file)

**Day 2**

**Theme and task: The Present. Through the day reflect on the current state of O/our Dom-slave relationship.**

**TODAY’S INSTRUCTION**

**The only limitation for pleasuring yourself is that you may not have an orgasm.**

**THOUGHT FOR TODAY**

**you will strive to be a perfect slave for Domina Shelle and devote your life to love, serve and please your Domina.**

**After Mantra and Breakfast Listen to My Entrancing Eyes**

**Find time for 15 minutes of exercising.**

**In the evening you will Listen to** [**http://www.mediafire.com/file/am0xga2dm9sjqxz/The-Submissive-Kiss-%2528c%2529ShelleRivers.mp3/file**](http://www.mediafire.com/file/am0xga2dm9sjqxz/The-Submissive-Kiss-%2528c%2529ShelleRivers.mp3/file)

**When you go to bed Listen to these Loops.**

[**http://www.mediafire.com/file/8fwz9dgmytm2bbu/Covert\_Conditioning\_Loop\_-4\_-\_Complete.mp3/file**](http://www.mediafire.com/file/8fwz9dgmytm2bbu/Covert_Conditioning_Loop_-4_-_Complete.mp3/file)

[**http://www.mediafire.com/file/eh5aagzapg2ves6/Covert\_Conditioning\_Loop\_-\_5\_-\_Complete.mp3/file**](http://www.mediafire.com/file/eh5aagzapg2ves6/Covert_Conditioning_Loop_-_5_-_Complete.mp3/file)

[**http://www.mediafire.com/file/8u569vzvlsvx63u/Covert\_Conditioning\_Loop-Special\_Edition-1-COMPLETE.mp3/file**](http://www.mediafire.com/file/8u569vzvlsvx63u/Covert_Conditioning_Loop-Special_Edition-1-COMPLETE.mp3/file)

**Day 3**

**Theme and task: The Future. Consider your aspirations for an enduring Love long into the future with your Domina. Know, My sweet slave, I will always be there whenever you need Me. VALENTINE GIFT.** [**http://www.mediafire.com/file/rgt8pvtrcknii6r/DSR\_-\_Valentines\_Day\_2021\_-\_Complete.mp4/file**](http://www.mediafire.com/file/rgt8pvtrcknii6r/DSR_-_Valentines_Day_2021_-_Complete.mp4/file)

**TODAY’S INSTRUCTION**

**Today you have permission to release (or deny) as you think of the GIFT OF LOVE you will send Me for Valentine's Day.**

**THOUGHT FOR TODAY**

**I am the primary love and Woman in your erotic life that you aspire to please and serve.**

**On Valentine’s Day you think of Me as your Sweetheart, Girlfriend, the Love of your life.**

**After Mantra and Breakfast Listen to** [**http://www.mediafire.com/file/ajtej50sk0letua/Fait\_Accompli-\_Complete.mp3/file**](http://www.mediafire.com/file/ajtej50sk0letua/Fait_Accompli-_Complete.mp3/file)

**Take the time for 15 minutes of exercising.**

**In the evening with My pictures you will Listen to River of Lust (Sissy-River of Lust)**

**When you go to bed Listen to these Loops.**

[**http://www.mediafire.com/file/e4m20bwrivo8jjw/Covert\_Conditioning\_Loop-Special\_Edition-2-COMPLETE.mp3/file**](http://www.mediafire.com/file/e4m20bwrivo8jjw/Covert_Conditioning_Loop-Special_Edition-2-COMPLETE.mp3/file)

[**https://www.mediafire.com/file/mvi9o2v41dwh0gp/Covert\_Conditioning\_Loop-SPECIAL\_EDITION-3-COMPLETE.mp3/file**](https://www.mediafire.com/file/mvi9o2v41dwh0gp/Covert_Conditioning_Loop-SPECIAL_EDITION-3-COMPLETE.mp3/file)

[**https://www.mediafire.com/file/zomusehw17mzjuj/Covert\_Conditioning\_Loop-SPECIAL\_EDITION-4-COMPLETE.mp3/file**](https://www.mediafire.com/file/zomusehw17mzjuj/Covert_Conditioning_Loop-SPECIAL_EDITION-4-COMPLETE.mp3/file)

**HOPE YOU ENJOYED THE ASSIGNMENT, MY LOVE. REMEMBER TO COMPLETE THE ASSIGNMENT.**

**1. Send an email with a brief summary of your conclusions at the end of each day. (Describing O/our first times together, O/our Present Dom-slave relationship, and your aspirations to love and serve Me for O/our future together.)**

**2. When you release you have permission to send a Gift of Love as My Valentine present.**